



Renewing the Countryside

HEALTHY LOCAL



Thousands of miles fresher!

www.healthylocalfood.org

Renewing the Countryside is announcing volunteer opportunities for the Healthy Local Food exhibit in the Eco Experience for the 2008 MN State Fair and would love to have you there!

We are looking for volunteers to staff the exhibit in six-hour shifts (we'll have breaks!) ranging from 9am – 9pm on August 21st – September 1st. Check with friends, family, co-workers and sign up to volunteer.

Volunteer Benefits:

- 1 free admittance ticket to the State Fair Grounds for the day you volunteer
- A free Eco Experience t-shirt

Volunteers will greet visitors as they enter the exhibit, help prepare food, pass out food samples, and more! We will send you a volunteer orientation packet when you sign up.

Healthy Local Food (HLF) is an exhibit within the Eco Experience, a collaborative effort of many organizations to promote a healthy, green, organic lifestyle. You'll learn about and taste the best fare at the fair - from organic chocolate milk to locally farmed trout. Every day there will be local farmers sampling and talking about the food they grow. Local chefs will show you how they take that food and create amazing dishes. Every day will have a new theme on how you can be a healthier and better informed food consumer. The goal is to educate visitors about the many wonderful benefits of eating healthy local food.

To learn more about the Eco Experience go to <http://www.pca.state.mn.us/ecoexperience> If you're interested in joining us for this great experience please contact Margaret Schnieiders at 612.871.1541 or margaret@rtcinfo.org



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